



# It's Time to Recharge Your Health

**PEMF is a form of integrative physical therapy and like physical therapy, feeling better takes a commitment and consistency. The more consistent you are the faster you will see results.**

Pulsed Electromagnetic Field Therapy is based around using extremely low/gentle electromagnetic fields and pulsing them. This combination can stimulate our cells' magnetic field and "charge" our cells with the energy they are designed to operate at and need to operate at their maximum potential. PEMF can be used to treat & reduce many forms of inflammation & pain, over 400 trials using PEMF can be found on Pubmed.

PEMF, or pulsed electromagnetic field helps to stimulate, re-balance, and energize our cells. Our bodies naturally interact with the earth's magnetic fields and have historically evolved to be in balance with these natural phenomena where magnetic fields affect our body chemistry at a cellular level. It's used to treat a wide variety of conditions with any sort of inflammation, from insomnia to chronic fatigue & fibromyalgia.

### CHOOSE AN OPTION THAT WORKS BEST FOR YOU:

- 1) Choose a 30-minute session for \$15.00 or a 60-minute session for \$25.00.
- 2) Choose any of our value packages. 10 - 30 minute sessions for \$125.00
- 3) Our value packages do not expire, no refunds. (a great option for clients who need more flexibility with their sessions)
- 4) Monthly memberships coming soon

